



Outdoor Activity Guidelines

As we welcome OPC Members and Guests back to the center for outdoor activities, we want to inform you about our new health and safety guidelines in response to the coronavirus (COVID-19) pandemic. The safety of our members, instructors, and staff is our top priority. In order to provide a healthy environment, we have closely monitored state and local requirements and Centers for Disease Control (CDC) guidelines. Our team is working to provide you with a familiar OPC experience. However, some things will be different, including added cleaning regimens, more safety precautions, and limited hours. These outdoor activities are temporary.

What We Have Done to Make Outdoor Activities Safe as Possible:

- Installation of a large tent for the patio garden area providing protection from the elements and allowing social distancing for activities;
- Scheduled cleaning and disinfecting between classes and programs;
- Hand sanitizer station;
- Social distancing and directional signage;
- Staff will be temperature checked, screened and wear a mask.

How to Participate in OPC Outdoor Activities:

In order to simplify OPC operations to keep members and staff safe only those members who have made a reservation to participate in specific OPC fitness and art & enrichment class will be allowed in the activity area. Members will be required to register for all outdoor activities that are free or involve a fee ahead of time on *MyActiveCenter*. There will be no “drop-ins” or fitness passes. (Note: fitness passes will be honored and extended for the period of the shutdown once the facility is totally reopened.)

Registration Process for All Outdoor Activities:

- Register for all facility activities that are free or involve a fee ahead of time on www.MyActiveCenter.com using your *MySeniorCenter* key tag. Directions and/or YouTube Videos on how to use *MyActiveCenter* can be found on the OPC website, www.opcseniorcenter.org. If you are unable to sign up on *MySeniorCenter*, a Cashier can be reached at 248-608-0251 on Tuesday or Thursdays from 9 am – 2 pm. Please note that *MyActiveCenter* is the quickest, surest method to register and pay for classes. Listing of available classes will be noted on the website, newsletter and weekly eblasts. Payment by debit or credit card is preferred.

Health and Safety Guidelines for the Patio Garden Tent (South side of the OPC):

- A face covering is required before entering the outdoor tent. If you do not have a face covering, one will be provided. Participants need to be able to wear a mask during the exercise session.

Accommodations will be considered for those individuals with asthma or breathing conditions.

- Adhere to all social distancing and directional signage.
- Members will be required to register for the class or program series ahead of time through *MyActiveCenter* or by calling the cashiers office. No “drop-ins” or fitness passes will be accepted.

Check-in Process for Outdoor Activities:

- Arrive 15-20 minutes before class/program for check-in.
- Members will be greeted by staff members who will provide the following:
 - Conduct a no-contact temperature check, health screening and verify that you have a reservation or appointment, and collect a signed revised Code of Conduct/Disclaimer. The revised Code of Conduct/Disclaimer is available on the website to download and sign prior to your appointment and will also be available at check-in.
 - Use of hand sanitizer before entering will be required.
- Upon completion of the above process, you will be allowed to enter the tent.
- Once your class/program is completed you will be asked to leave.
- Parking is available in the south and north lot (Note: no one will be allowed to walk through the building).
- No access will be allowed to the facility except to the rest rooms accessed through the patio door leading to the Café.
- Bring your own water bottle, hand towel, yoga mat, if required, or supplies for art & craft classes/programs, unless indicated otherwise.
- Wear good supportive shoes and loose comfortable clothing.
- Cleaning and disinfecting will occur between classes/programs for any hard surfaces including: tables, chairs, door knobs, and restrooms.
- Participants will be notified if classes are canceled for inclement weather conditions. The class or program will be rescheduled. No class refunds will be issued.
- Please remember if you, or any of your family members is sick or have been sick, you should stay home and refrain from participating in the outdoor activities

Thank you for your patience and continued support. We will keep monitoring federal, state, and local officials and policies for your health and safety, and once we receive the Executive Order to reopen the facility, a schedule and guidelines will be sent and posted.

Thank you!

OPC Administration